

Using Your Small Volume Compressor Nebulizer

Patient Education Guide

AMERICAN COLLEGE OF
CHEST
P H Y S I C I A N S

American College of Chest Physicians
3300 Dundee Road, Northbrook, IL 60062
(847) 498-1400 phone
(847) 498-5460 fax
www.chestnet.org



To make your breathing better, you **MUST** take your medicine as explained below. Following these instructions puts more of the medicine into your lungs and helps keep your nebulizer clean. This will open up your air passages and help you breathe easier and feel better.



1 Place compressor on a level, steady surface, and plug power cord into a wall outlet.



2 Connect one end of the nebulizer tubing to the air outlet connector.



3 Wash hands, and add prescribed medication to the nebulizer using a dropper or unit dose vial.



4 Assemble mouthpiece, T-piece, and reservoir tubing to the nebulizer.



5 Attach tubing to nebulizer air inlet.



6 Press power switch to on.



7 Sit upright in a comfortable position. Place mouthpiece between teeth, over the tongue, with lips comfortably sealed. Take deep relaxed breaths until nebulizer begins to sputter. Turn off power to compressor.



8 Disconnect nebulizer from tubing, disassemble, and briefly wash in warm soapy water.



9 Rinse nebulizer parts, and shake off excess water.



10 Place nebulizer parts on a towel or dish rack, and allow to air dry. Keep parts out of the reach of children. Reassemble the clean nebulizer, and place in a cool, dry place.

The American College of Chest Physicians is the leading resource for the improvement of cardiopulmonary health and critical care worldwide. Its mission is to promote the prevention and treatment of diseases of the chest through leadership, education, research, and communication.

This publication's content contains general information, is not intended to be and is not complete, is not medical advice, and does not replace professional medical care and physician advice, which always should be sought for any specific condition. The American College of Chest Physicians and its officers, regents, executive committee, members, and employees specifically disclaim all responsibility for any liability, damages (actual or consequential), loss, or risk, personal or otherwise, based on any legal theory whatsoever, alleged to have been incurred as a result, directly or indirectly, of the use of any of the material herein.